

## **Stress Management Programme at North Lalaguda**

Wed 18.11 - Wed 18.11.2015

(reserve date: Wed 18.11.2015)

*Place:* Railway Mixed High School

*Times:* 01:15 to 02:30

*Category:* Our Events

### *Additional Information:*

The objective of the program was to raise Education about the Stress & How to manage the Time effectively. On 18/11/15 Makro Foundation organized the Stress Management Program at Railway Mixed High School with 90 Students. The program was done by : - Ms. M.J. Kushal Priyanka & Ms. D. Rani

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