

## **STRESS MANAGEMENT PROGRAM FOR WOMEN**

Thu 26.09 - Thu 26.09.2013

*Place:* KOWKOOOR, BOLARUM  
*Times:* 00:00 to 00:00  
*Category:* Our Events  
*Additional Information:*

### **Report on Domestic Violence and Stress --Management**

**Makro Foundation** in collaboration with YWCA Secunderabad organized a stress management program on 26th September 2013 at Kowkooor, near Bolaram.

### **Highlight of the program**

Ms. Celestina **welcomed all the guests** and participants to the program. She also spoke about the Objective of the program. Ms. Neomi Francis welcomed and thanked everyone for the same.

Ms. Aparna G. Spoke about the **objective of the program**. The objective of the program is Stress Management Program for women.

Mrs G Angela took a session on **Stress Management for women** from Kowkooor Slum in Bolaram.

**The session comprised of:**What is Stress? Impact of Stress on Women, Reasons for stress emphasizing on Domestic Violence-Physical, emotional,Sexual and Financial violence and how to come out of it. The relationship between violence and stress. Management of stress management.

**Feed back:** The program is very good and very useful.





Simple Calendar 25.04.2023 2009 [Fabrizio Aibonico](#)