



Suicide Statistics

Suicide is the act of intentionally or deliberately terminating one's own life i.e. Suicide occurs when a person ends his/her life. Suicide is amongst the top 10 causes of Death in India.

According to NCRB Data 2011

- 16 Suicides took place every hour. 372 Suicides per day.
- 241 Suicides by Male per day
- 131 Suicides by Female per day out of which 67 were House-wives.
- 140 Suicides per day in the age group 0-29 years.
- 127 Suicides per day in the age group 30-44 years
- 105 Suicides per day in the age group 45 years & above.
- More than one lakh persons (1,35,585) in the country lost their lives by committing suicide during the year 2011.
- It is observed that social and economic causes have led most of the males to commit suicides whereas emotional and personal causes have mainly driven females to end their lives.
- Suicides because of 'Family Problems' (24.3%) and 'Illness' (19.6%) altogether accounted for 43.9% of total Suicides.
- The overall male:female ratio of suicide victims for the year 2011 was 65:35, however, the proportion of Boys: Girls suicide victims (upto 14 years of age) was 52:48.
- West Bengal (12.2%), Maharashtra and Tamil Nadu (11.8% each), Andhra Pradesh (11.1%) and Karnataka (9.3%), altogether contributed 56.2% of total suicide victims.
- The suicide rate in cities (11.3) was slightly higher as compared to All-India suicide rate (11.2).
- 32.0% of the suicide victims consumed 'Poison', 33.2% of the victims died by 'Hanging', 8.8% by Fire/Self-Immolation and 5.9% by 'Drowning'. The mixed trend of suicide by 'Hanging' was observed during last 3 years (31.5% in 2009, 31.4% in 2010 and 33.2 in 2011) while suicide by 'Poisoning' has shown a declining trend (33.6% in 2009, 33.1% in 2010 and 32.0 in 2011).

According to a study published in The British Medical journal *The Lancet* (June 22 2012)

- India has one of highest suicide rates in the world, and self-inflicted death is the second most common cause of death of young people in the country between 15-24 years old i.e. (16%) and 3% Death Due to Suicide between 25-69 years old.
- According to the researchers, approximately 3% of people aged 15+ in India die as a result of suicide. 40% of those men who committed suicide were aged between 15 and 29 years old, while 56% of women were aged 15-29
- Furthermore, suicide rates were found to be 10 times higher in the south of the country than the in the north and significantly higher in rural parts of the country.

According to World Health Organization

- India occupies the second highest rate of suicides in the Region. When corrected for underreporting, these rates are likely to be much higher. Neglect of Suicide is there in India. Though every year many lives are lost, many people are hospitalized and the impact is significant, there has been little progress in preventing suicide. There is insufficient realization about the human and societal impact of this problem, and systematic and coordinated efforts are lacking.
- India occupies the second highest rate of suicides in the Region. When corrected for underreporting, these rates are likely to be much higher. The majority of people in India do not have access to care for mental illnesses, such as depression, or access to suicide prevention programs.